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memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives.

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An Unquiet Mind: A Memoir of Moods and Madness is an honest and profoundly dramatic memoir that reveals the challenges

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and sufferings faced by people that suffer from bipolar disorder. Kay Redfield Jamison herself endured the dangerous highs of euphoria mixed with the lows of depression.

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An Unquiet Mind: A
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**Memoir of Moods
and Madness by Kay**

...

An Unquiet Mind is a memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives. KAY REDFIELD JAMISON is a professor of psychiatry at the Johns Hopkins University School of Medicine as well as an honorary professor of English at the

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University of St.
Andrews in Scotland.

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The personal memoir
of a manic depressive
and an authority on the
subject describes the
onset of the illness
during her teenage
years and her
determined journey
through the realm of
available treatments.

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An Unquiet Mind: A
Memoir of Moods and
Madness is a memoir
written by American
clinical psychologist
and bipolar disorder
researcher Kay
Redfield Jamison and
published in 1995. The
book details Jamison's
experience with bipolar
disorder and how it

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affected her in various areas of her life from childhood up until the writing of the book.

An Unquiet Mind - Wikipedia

Free download or read online An Unquiet Mind: A Memoir of Moods and Madness pdf (ePUB) book. The first edition of the novel was published in September 18th 1995, and was written by Kay Redfield Jamison. The

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book was published in multiple languages including English, consists of 223 pages and is available in Paperback format.

[PDF] An Unquiet Mind: A Memoir of Moods and Madness Book ...

An Unquiet Mind, written by Kay Redfield Jamison and first published in 1995, is a memoir about a clinical psychologist's

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experience living with
manic-depressive
illness.

An Unquiet Mind Summary and Study Guide | SuperSummary

A compelling memoir on the turbulent life of a manic depressive, written by one of the world's leading authorities in the disorder. Part science writing, part memoir, this book offers an

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intimate insight into
what it is like to live
with bipolar

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When I am my present
"normal" self, I am far
removed from when I
have been my liveliest,
most productive, most
intense, most outgoing
and effervescent. In
short, for myself, I am
a hard act to follow.".

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— Kay Redfield

Jamison, An Unquiet
Mind: A Memoir of
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Quotes by Kay
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Jamison Vintage, 1996
DESCRIPTION. WITH A
NEW PREFACE BY THE
AUTHOR In her
bestselling classic, An
Unquiet Mind, Kay

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Redfield Jamison
changed the way we
think about moods and
madness. Dr. Jamison
is one of the foremost
authorities on manic-
depressive (bipolar)
illness; she has also
experienced it
firsthand.

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Summary In An

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Unquiet Mind, Dr. Kay Jamison tells the story of her struggle with manic-depressive illness. A rumination on how the illness both influenced and impacted the decisions she made, Jamison's memoir uses the author's clinical knowledge of the illness in order to analyze her own past.

**An Unquiet Mind
Summary |**

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Her seminal works among laypeople are her memoir *An Unquiet Mind*, which details her experience with severe mania and depression, and *Night Falls Fast: Understanding Suicide*, providing historical, religious, and cultural responses to suicide, as well as the relationship between mental illness and

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suicide.
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Kay Redfield Jamison
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Redfield Jamison ·
RELEASE DATE: Sept.
18, 1995. Mood-
disorder specialist
Jamison
(Psychiatry/Johns
Hopkins) comes clean
about her own mood
disorder: manic-
depression.

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