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### **Building Motivational Interviewing Skills: A Practitioner ...**

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## Building

Readers build proficiency for moving through the four processes of MI—engaging, focusing, evoking, and planning—using open-ended questions, affirmations, reflective listening, and summaries (OARS), plus information exchange.

## **Building Motivational Interviewing Skills:**



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**Second Edition ...**

Interviewing Skills

interviewing requires  
four key

communication skills  
that support and

strengthen the process  
of eliciting change talk,  
also known as OARS:

Open-ended questions;

Affirming; Reflective

listening; Summarizing;

Open-ended questions

in motivational

interviewing allow us to

find out more about

the client's perspective

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and ideas about change. They are also crucial in building and strengthening a collaborative relationship.

**17 Motivational  
Interviewing  
Questions and Skills**

...

Building motivational interviewing skills: A practitioner workbook  
David Rosengren. Ken Barrie. Journal of Social Work 2019 19: 4,

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## **Building motivational interviewing skills: A practitioner ...**

So it is with great

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pleasure that we  
welcome this new  
edition of Building  
Motivational  
Interviewing Skills: A  
Practitioner Workbook.  
In it you will find a  
menu of excellent  
exercises, whether you  
are learning MI  
yourself, teaching it in  
groups, or supervising  
practitioners.

## **Building Motivational Interviewing Skills,**

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## **Second Edition ...**

Motivational Interviewing Skills  
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interviewing is a person-centered, collaborative method for exploring ambivalence and enhancing motivation to change. Compatible with social work values and ethics, it is applicable to the wide range of problems and helping situations with which direct practice social workers are involved.

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**[PDF] Building Skills  
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Building motivational interviewing skills : a practitioner workbook / David B. Rosengren. p. cm. — (Applications of motivational interviewing) Includes bibliographical references and index. ISBN 978-1-60623-299-6 (pbk. ; alk. paper) 1.

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Building Motivational  
Interviewing Skills: A  
Practitioner Workbook

is based on the  
workshops given by  
the author over the

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past 15 years and underscores the theory covered in MI2. I would encourage those interested in Motivational Interviewing to consider both of these books.

## **Building Motivational Interviewing Skills: A Practitioner ...**

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Practitioner Workbook  
(Applications of Skills  
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(Paperback) 1 by  
Rosengren, David  
(ISBN:  
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A ...**

Building motivational  
interviewing skills: A  
practitioner workbook.  
(from the cover)

Developing expertise in  
MI takes practice,

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which is exactly the point of this engaging, user-friendly workbook. The volume is packed with real-world examples from a range of clinical settings, as well as sample interactions and hands-on learning activities.

## **Building motivational interviewing skills: A practitioner ...**

Building Motivational  
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Building

Motivational  
Practitioner Workbook.

Interviewing Skills  
This home study

course helps personal  
trainers and wellness

coaches to develop  
and sharpen their skills

in motivational  
interviewing (MI).

Interviewing

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**Interviewing Skills:**

**A Practitioner ...**

Description: Part of the

Applications of

Motivational

Interviewing series,

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this book describes the basic tenets of motivational interviewing, beginning with establishing a positive relationship with the client and proceeding through increasing motivation and establishing a plan for change. The first edition was published in 2009.

## **Building Motivational Interviewing Skills,**

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## **Second Edition ...**

Pediatrician Writes  
Book for Children  
About Virus Inspired by  
her 3 1/2-year-old  
granddaughter, Dr.  
Deborah Rotenstein  
hopes 'Because of the  
Coronavirus' will  
reassure young  
children.

**The American Board  
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interviewing skills : a  
practitioner workbook.

[David B Rosengren] --

Developing expertise in  
motivational

Applications Of  
Motivational  
Interviewing

interviewing (MI) takes  
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engaging, user-friendly

workbook. The volume  
is packed with real-

world examples from a  
range ...

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#### **interviewing skills : a practitioner ...**

Phase one of the intervention—"motivation building"—selectively elicited and reinforced "change talk" through use of the core skills and principles of interviewing.<sup>11</sup> The following stages were used: engagement; eliciting and understanding the patient's perspective in relation to life goals;



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and exploring the  
patient ...

## **Integrated motivational interviewing and cognitive ...**

She has been a  
member of the  
Motivational  
Interviewing Network  
of Trainers since 2012  
and has been  
employed by the  
Department of  
Veterans Affairs since  
2005. Dr. DeMarce

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provides in-person and online training in Motivational Interviewing Skills A Practitioner Workbook  
Motivational Interviewing, Motivational Enhancement Therapy, and cognitive behavioral therapy for substance use disorders.

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