

Positive Neuropsychology Evidence Based Perspectives On Promoting Cognitive Health

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It proposes an alternative, evidence-based perspective on neuropsychology that incorporates positive psychology principles and a focus on promotion of cognitive health. It synthesizes existing research and provides novel perspectives on promotion of cognitive health in clinical, nonclinical, and academic settings.

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Positive Neuropsychology - Evidence-Based Perspectives on ...

Positive Neuropsychology: Evidence-Based Perspectives on Promoting Cognitive Health Edited by John J. Randolph New York, NY: Springer, 2013, 178 pp., ISBN 978-1-4614-6605-5, \$59.95 Why should you read this book? Isn't that why people read book reviews, to see if it is worthy of their time?

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This question is posed by neuropsychologist John Randolph, editor and contributing author of "Positive Neuropsychology: Evidence-Based Perspectives on Promoting Cognitive Health." The book makes the case for an expanded role for neuropsychologists in the promotion of cognitive health and well-being.

Positive Neuropsychology: Evidence-Based Perspectives on ...

In this context, positive neuropsychology has emerged as a neuropsychological orientation focused on the study and practice of promoting cognitive health. The present review discusses the origins of positive neuropsychology and elaborates on its six key evidence-based domains: compensatory strategy use, activity engagement, prevention of cognitive impairment, public education, exceptional cognition, and positive cognitive outcomes in neuropsychiatric populations.

Positive Neuropsychology: The Science and Practice of ...

In these pages, positive neuropsychology is conceived of as broadening and enhancing the field, focusing on key areas such as studying and developing cognitive strengths, considering the importance of lifestyle factors on cognition, preventing cognitive dysfunction, compensating for deficits, and promoting cognitive health through education and technology.

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Positive Neuropsychology: Evidence-Based Perspectives on ...

Positive Neuropsychology: Evidence-based Perspectives on Promoting Cognitive Health (2013) – Editor John J. Randolph put together a useful resource covering: what positive neuropsychology is, coping in neurological disorders, promoting executive functions, modifiable lifestyle factors, technologies for assessment, and more.

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Dr. Randolph previously edited a professional book on brain health, Positive Neuropsychology: Evidence-Based Perspectives on Promoting Cognitive Health. More information about his earlier book can be found here. For information about Dr. Randolph's brain health consulting and executive coaching services, please click here.

Randolph Neuropsychology Associates

Media, LLC for Positive Neuropsychology: Evidence-based Perspectives on Promoting Cognitive Health Summary Cognitive Health/Positive Psychology NP Journal Reviews Positive Neuropsychology Definition and Scope C.A.P.E. Model of Cognitive Health Exceptional Cognition Positive Outcomes Promoting Cognitive Health in Clinical Practice

Positive Neuropsychology: Promoting Cognitive Health ...

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Positive neuropsychology : evidence-based perspectives on promoting cognitive health. [John J Randolph:] -- Positive psychology--the study and promotion of character strengths, positive emotion, and optimism--has gained considerable momentum and support in recent years.

Positive neuropsychology : evidence-based perspectives on ...

John Randolph, Ph.D., ABPP, is a board-certified clinical neuropsychologist and board-certified coach specializing in brain health consulting and promotion. Dr. Randolph has written and edited ...

John Randolph Ph.D., ABPP | Psychology Today

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